



MADISON SIXTH  
FLOOR CAFÉ

**MENU**

**March 16-20, 2020**

**HOURS**

**Monday–Friday  
7:00am–3:30pm**

This month's wellness theme: National Nutrition Month: "Healthy Bites for Life." For recipes, wellness tips, and more, visit [nutrition.ilcreations.com](http://nutrition.ilcreations.com).

Menu items are subject to change based on availability.

## Monday

**HOT BAR**

- Roasted Turkey
- Thanksgiving Herb Stuffing
- Turkey Gravy
- Mashed Potatoes
- Macaroni and Cheese
- Caprese Chicken
- Roasted Potatoes
- Beef Burgundy
- Green Beans
- Smothered Pork
- Garlic Broccoli
- Steamed Corn
- Fried Fish
- Yellow Cake

**INTERNATIONAL BAR**

- Chef's Choice

**ASIAN BAR**

- Brown Rice
- Vegetable Fried Rice
- Spicy Rice Noodles
- General Tso's Chicken
- ILC's Sweet and Sour Chicken
- Pork in Black Bean Sauce
- Sautéed Bok Choy
- Tofu With Tomatoes
- Spring Rolls

**SOUPS**

- Du Jour

## Tuesday

**HOT BAR**

- Roasted Turkey
- Thanksgiving Herb Stuffing
- Turkey Gravy
- Mashed Potatoes
- Macaroni and Cheese
- Fried Chicken
- Potato Wedge
- Meat Loaf
- Broccoli
- Pasta Bake
- Garlic Bread
- Steamed Carrots
- Fried Fish
- Sweet Potato Cake

**INTERNATIONAL BAR**

- Curry Beef
- Chicken Tikka
- Coconut Curry Fish
- Spicy Chickpeas
- Naan Bread
- Yellow Rice

**ASIAN BAR**

- White Rice
- Vegetable Fried Rice
- Vegetable Lo Mein
- Orange Chicken
- Fish in Black Bean Sauce
- Hunan Pork
- Vegetable Delight
- Tofu in Garlic Sauce
- Vegetable Dumplings

**SOUPS**

- Du Jour

## Wednesday

**HOT BAR**

- Roasted Turkey
- Thanksgiving Herb Stuffing
- Turkey Gravy
- Mashed Potatoes
- Macaroni and Cheese
- Herb Roasted Chicken
- Steamed Rice
- Pepper Steak
- Brussels Sprouts
- Herb Crusted Pork
- Roasted Squash
- Green Beans
- Fried Fish
- Red Velvet

**INTERNATIONAL BAR**

- Curry Chicken
- Jamaican Style Beef Patties
- Sweet Plantains
- Steamed Cabbage and Carrots
- Yuca
- Rice and Peas

**ASIAN BAR**

- White Rice
- Chicken Fried Rice
- Vegetable Lo Mein
- Lemon Chicken
- Jalapeño Calamari
- Twice Cooked Pork
- Vegetable Delight
- Mapo Tofu

**SOUPS**

- Du Jour

## Thursday

**HOT BAR**

- Roasted Turkey
- Thanksgiving Herb Stuffing
- Turkey Gravy
- Mashed Potatoes
- Macaroni and Cheese
- Fried Chicken
- Roasted Corn
- Pulled Pork
- Yellow Rice
- Grilled Pork Chops
- Creamed Spinach
- Mixed Vegetables
- Baked Fish
- Lemon Poppy

**INTERNATIONAL BAR**

- Cilantro Chicken
- Beef Picante
- Roasted Corn
- Soft Taco
- Black Beans
- Spinach Rice

**ASIAN BAR**

- Brown Rice
- Vegetable Fried Rice
- Spicy Rice Noodles
- General Tso's Chicken
- ILC's Sweet and Sour Chicken
- Pork in Black Bean Sauce
- Sautéed Bok Choy
- Tofu with Tomatoes
- Spring Rolls

**SOUPS**

- Du Jour

## Friday

**HOT BAR**

- Roasted Turkey
- Thanksgiving Herb Stuffing
- Turkey Gravy
- Mashed Potatoes
- Macaroni and Cheese
- BBQ Chicken
- Collard Greens
- Poached Salmon
- Rice Pilaf
- Meatballs
- Butter Pasta
- Broccoli
- Fried Fish
- Apple Crumb Cake

**INTERNATIONAL BAR**

- Chef's Choice

**ASIAN BAR**

- White Rice
- Vegetable Fried Rice
- Vegetable Lo Mein
- Orange Chicken
- Fish in Black Bean Sauce
- Hunan Pork
- Vegetable Delight
- Tofu in Garlic Sauce
- Vegetable Dumplings

**SOUPS**

- Du Jour